



Upward Bound Student Newsletter



SUNY Plattsburgh

Division of Student Affairs

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Hello Everyone,

It may be Monsoon Season here in the North Country but we are fast approaching our Summer Program for 2017! As we near the end of the school year here are a couple reminders for you all to consider. First and foremost, finish the school year strong! This means talking to your teachers and making sure all assignments are complete for the 4th quarter. The last thing you want to deal with is *Summer School*, not the Upward Bound variety, but the home-district variety in which you have to make up missed work from the school year and miss out on the UB Summer Program...not a fun option! Another thing to consider is to take an active role in making your schedule for next year. You should be working with your UB Counselor to see what classes you need and then consulting with your school counselor to make it happen. A big shout out needs to go to all of our seniors...congratulations on making your college decisions! I know this has been a nerve-wracking and stressful time, but it must be nice to now have that decision made. Make sure you are in contact with us with any questions or concerns that may arise this summer. You have made it this far, we don't want anything small to derail those college plans!

As far as Upward Bound is concerned, we are looking forward to having all of you with us for another great UB summer. We have put together a great selection of courses and have a very dedicated faculty who choose to teach for us each year. These classes allow you to get a leg up on next year while also having some fun at the same time. That being said, we really need you to be here for the entire academic portion of the program. Each of your schools assigns credit on your transcript for successful completion of the Summer Program. If you are missing more than 1 week of the program, that credit cannot be assigned and you will not be able to participate. We realize summer is a busy time for families and hopefully any vacations can be worked around the Summer Program.

Other exciting news with the upcoming summer is a new dorm this year...Banks Hall. The parking lot on Sanborn Ave. will be a lot better for moving in and out. Also in these pages are the wonderful TCs that will be working for us this year and a little about each of them. Some are familiar names while others are on their first adventure with Upward Bound.

Enough of my rambling...see you soon!

~Brian



Meet the TCs...

Nick Armstrong-

My name is Nicholas Armstrong, I am from Cadyville, New York, though I attend college at Farmingdale State College as a senior in Criminal Justice: Law Enforcement Technologies. In my spare time I like to hang out with friends and family, play sports, and video games. My hopes for this summer are to make as friendly and enjoyable environment as I had when I was a student of the program, and to better my interpersonal relation skills.

Dakota Balunis-

Dakota Balunis is a Long Island native who is currently in graduate school at SUNY Plattsburgh. She is currently studying to be a high school science teacher, and is very excited to meet new people as part of the Upward Bound program! In her (infrequent) free time, she likes reading science fiction, walking, and playing tabletop role-playing games.

Whisper Bennett-

Hello, my name is Whisper Bennett and this will be my second year as a Tutor-Counselor. I was a student with Upward Bound for 4 years before becoming a TC. My favorite activities while I was a student were Jello Snarfing, volleyball in the courtyard, and karaoke. I am from Chateaugay, but attend SUNY Potsdam for my B.A. in secondary English education. In my spare time I enjoy watching Skam, a Norwegian teen drama, anime, and almost anything on Netflix. I also enjoy playing volleyball, sitting outside when it's warm on a blanket and chit chatting, and Broadway musicals! My hope for this summer is to have a great one, and ensuring you do as well! I hope I get to know each and every one of you and that we all make great memories, I sure did when I was a student! See you soon!

Matt Blanchard-

Hi everyone, my name is Matthew Blanchard, and I've lived around the Plattsburgh area my whole life! This fall, I will be a junior at SUNY Cortland majoring in Biology with a minor in Chemistry, but I'm thinking of adding on something to do with human nutrition because I love that kind of stuff! In my spare time, something I like to do when I'm bored is talking to, and meeting new people. I am the complete opposite of a shy person because I can have a conversation with anyone about anything, whether it's about something funny, or serious. It doesn't matter if I've known you for five years, or five minutes, that won't stop me! My favorite hobbies are playing video games,

outdoor activities like kickball or soccer (even though I'm not the greatest at them), looking at memes, and going to the gym. I love just about any kind of animal, but dogs, especially Labradors, are my favorite. I'm really excited for this summer, and I can't wait to experience it with everyone and have an amazing time!

Kali Bushey-

Hey everyone! My name is TC Kali; I go to Green Mountain College in Vermont with a major in Environmental Studies. I'm from Rouses Point, NY where I graduated from Northeastern Clinton Central High School in 2015. I'm a huge lover of animals and have been following a vegan diet and lifestyle for over a year now. I spend much of my spare time reading everything from historical biographies to mysteries. And if I'm not reading there's a high chance I'm re-watching seasons of Doctor Who, That 70's Show, or The Office. I really enjoy going for hikes and bike rides, playing volleyball, and kayaking on Lake Champlain. My biggest hope for this summer of Upward Bound is to help empower and encourage optimism in everyone's futures, like the TC's did for me during my four years in UB. I look forward to meeting you all on the Enrichment trip to Boston!

Laura Buskey-

I grew up in West Chazy and graduated from Northern Adirondack Central. While I love this area, and the mountains, I realized that my dreams exceeded my home town and that I wanted to explore and push my boundaries. I currently attend the University at Albany, and I'm majoring in Psychology with a focus in behavioral/psychopathology. When I'm not over analyzing thoughts and behavioral patterns, I spend a lot of time listening to music; and I unplug by playing alternative rock over the radio on WCDB 90.9fm. Some of my other interest include astronomy, nature, meditation, art, and hiking. I had a blast with my UB kiddos last summer; and my hope for this summer would be for everyone reading this to challenge themselves - set a goal and see what you can accomplish!



Meet the TCs (cont.)

My Chung- (Nurse)

My name is My Chung. I am currently a senior at SUNY Plattsburgh with a major in nursing, and a minor in music. I was born and raised in Vietnam for 15 years. Then, I came to the United States by myself with a hope that I can be more academically and socially competent. I enjoy cooking, swimming, playing piano and hanging out with friends during my free time. My dream career is to become a Doctorate in Nursing Practice that specialize in Newborn/ Pediatrics. Because I really love being in water, I am looking forward to spend lots of time in a pool or by the beach this summer.

Amber Cruz

Hello My name is Amber Cruz. I am a sophomore majoring in Political Science, Economics, and Latin American Studies at SUNY Plattsburgh. There is a spanish phrase that my mother uses a lot, "ni de aqui, ni de haya". It means that one is not from here or from another place. This phrase describes where I am from. I was born in Manhattan and resided there for a couple of years, then I moved to the Bronx and I stayed there for most of my childhood, during my high school years I lived in New Jersey with my dad. Therefore, I lived in different places for most of my life. When I have spare time -- which is rare, I like to read write, and catch up on political events.

Zach Desjardins-

"Greetings Everyone,

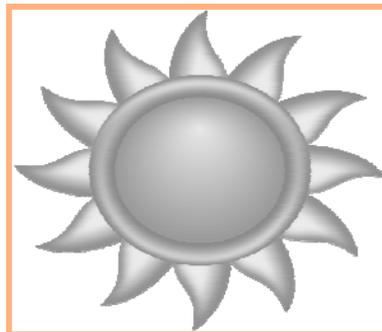
My name is Zach but you can call me "Yogi". I am a big guy with an even bigger heart who is coming back as a Tutor/Counselor for the third summer in a row. I am an Upward Bound Alum and throughout my time I have been a Floor Representative, Vice President and President with the Student Advisory Board throughout the Summer. I will be graduating from the Social Work Program at SUNY Plattsburgh this May. But my educational goals don't stop there. My next goal is to obtain a Dual Masters in both Student Affairs (Higher Education) Administration and Public Administration at Binghamton University. Throughout my time at Plattsburgh, I have been a Resident Assistant, President of Phi Mu Delta Fraternity and two Academic/Leadership Honor Societies, Vice President of the Inter-Fraternity Council, Orientation Leader. In my free time you will most likely see me at a metal concert, playing guitar and bass outside, telling Dad Jokes as well as Debating Politics with my peers. Upward Bound has been a major part of my summers throughout my high school years and I can't wait to make your summer the best one yet. See you soon!"

Colby Garrand-

Welcome, or for the returners welcome back, for another great summer portion of SUNY Plattsburgh's Upward Bound Program. I am Colby Garrand from Altona, NY. I graduated high school in 2013 at Northern Adirondack Central. I attended the College at Brockport State University until I graduated in Dec. 2016 with a Bachelor's of Science in Earth Science. Starting in the Fall of 2017, I will be a graduate student at SUNY Plattsburgh in the Master's of Teaching Program for Earth Science education. I am a substitute teacher at NACS and hopefully can be a full time teacher at the same school. During my spare time, you can usually find me outside playing sports with a majority of my friends. Sports include soccer, basketball, baseball/softball, golf, tennis and badminton. You can occasionally find me in a bowling alley where I spent most of my life. One interesting fact that most of the returners know and for the new students to find out is that I am a Pokémon Master. You can challenge me to a Pokémon battle, if you are up for a challenge, or test your Pokémon knowledge against mine in a trivia contest. Whatever it is that you want to do over the summer, let us make this summer the best to remember.

Chuck Ko (D.C.)

Hello to new and returning students. This is my 5th summer working with the Upward Bound Program and will be my 3rd summer as the Dorm Coordinator. I grew up and graduated from Beekmantown High School in 2010 and after graduating from SUNY Brockport 2 years ago, I came back and started teaching and coaching tennis at Beekmantown. Lifting, traveling, watching movies, and playing sports like tennis and basketball are some of my favorite things to do when I am not working. This summer I hope that every single student and staff member has multiple positive experiences during their Upward Bound 2017 summer! This summer will be the 10th anniversary of when I began my Upward Bound Journey as a first year student and my love for the program grows every single year.



Meet the TCs (cont.)

Logan Miner-

My Name is Logan Miner and I am from West Chazy, New York. Some activities that I enjoy in my spare time include playing video games, watching movies, playing MTG (Magic The Gathering), and volunteering within my community. I would say that my largest hobby is probably collecting artifacts from history, particularly medals, helmets, and equipment from various wars. Perhaps one of the biggest hopes that I have this summer is to provide some students with the ability to grow from the Upward Bound program, much like how I grew from my time in the program. I know for some students it can be difficult to adjust to the UB summer program, mostly because I was one of those students. I would love nothing more than to provide the necessary tools and support to help someone else really break out and discover their true potential.

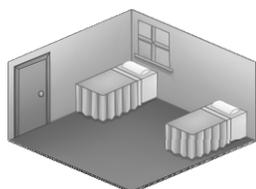
Megan Rea-

My name is Megan and I'm 21 years old. I'm from Long Island where I grew up with my three brothers. In my spare time I like to read, knit, hike, and practice yoga. For the summer I hope to inspire students and make sure everyone has a great summer!

Pakin Srijinda- I'm Pakin. I'm a senior English Literature and Writing Arts major at SUNY Plattsburgh. I'm from Bangkok, Thailand. In my spare time, I love to exercise, run, and get involved in outdoor sports like kayaking and stand-up paddling. For this summer, I'm looking forward to travel to Portland, Maine, and do more research on the Czech Republic, the country where I'm going to study abroad in Fall 2017 semester.

BreAnna Stephenson-

Hi everyone! My name is Bre. I'm from Potsdam, NY and I'm a student at Plattsburgh State studying Special Education. This will be my third summer as a TC and I couldn't be more excited! In my spare time I enjoy hiking, slacklining and volleyball. I'm also trying to learn to play the ukulele :) Let's make this summer unbelievable!! :)



Kelsey Wallace-

Hey guys, I'm TC Kelsey, I've been a TC for 3 years and I was a student for three years prior. I love to play volleyball, I used to play it in high school. I go to SUNY Potsdam and my major is Environmental Studies with a minor in Chemistry, I hope to some day be a science teacher. In my downtime I enjoy to watch Skam, a Norwegian teen drama, that I watch with my best friend TC Whisper. I love animals, I have a dog named Finn, he's a Pomeranian and Australian Terrier mix. I am super excited for another year as a TC to see the returners and to meet the new students!

Jesse Wamsganz-

My name is Jesse Wamsganz and I attend SUNY Potsdam for Literature. I plan to stay there after graduation in a year and receive my masters in Education. I'm pretty good with legos and building with wood or other materials and different mediums of art, especially poetry. When the semester is happening I drown in homework, so in the summer or on breaks I catch up on all my TV shows and reading that I missed out on. I grew up in Saranac Lake working at different places like the library or mini golf. See you this summer!

Steffaney Wilcox- Hi! My name is Steffaney and I am studying to become a high school history teacher at SUNY Plattsburgh. I love traveling and have studied abroad in India and Nepal while in college! I love the outdoors and have recently traveled to Nepal, trekking in the Khumbu Region (near Mt. Everest!). I am a huge Harry Potter fan, having read the books and watched the movies too many times to count! I know that the owl carrying my letter for Hogwarts got very lost or dropped my letter in the ocean or something. I am also a fanatic of Taco Bell (especially the sauces and the mango iced tea), Grey's Anatomy and succulents/cacti (the only plants I can keep alive for extended periods of time). This summer I hope to hike high peaks and explore more of what the Plattsburgh area/ADKs have to offer, as well as getting some time to relax. I am super excited about Upward Bound and the amazing time we will have!



Seniors...Now that you are in, now what?

Check your email!!! Understand that colleges use email to communicate important information to you. They will not message you on Facebook or text you personally, but will email you directly on your new campus email. This is the one with the .edu at the end! This is a habit that you really have to develop now that you are out of high school.

Freshman Orientation- Now that your deposit is paid and you are now officially heading off to college, what else can you expect in the coming months? Your college of choice will invite you to attend a Freshman Orientation session over the summer. You will have to select a session that is convenient to you and your family, but typically the earlier the better. The earlier sessions tend to give you a better chance getting registered for the classes you want. These sessions will give you the necessary information you need to register for your classes and let you know the important dates to show up when and where.

Class Registration- As I mentioned above, registration for first semester classes will most likely take place when you attend Freshman Orientation. If your college does not have a Freshman Orientation, you will need to schedule an appointment with an advisor to assist you in making your first semester schedule. If you are confused about the next step, reach out to the college...or call us!

Housing- If you plan on living on campus, the Housing office will be expecting you to select the housing of your choice. There typically are forms, either online or in person that must be completed for these decisions to made final.

Meal Plan- If you plan on living on campus, you will need to sign up for a meal plan. You will definitely need to eat while attending college! There are many options and levels available for meal plans. It may be wise to opt for a cheaper version your first semester to gauge how much you will be eating and where. Most campuses have a choice between

unlimited meals and times, with other more flexible options. Some campuses require certain meal plans depending on your class year, so check with your specific campus

Final High School Transcript- Your college of choice will require an official, final high school transcript, which includes your graduation date, an official seal or something to verify that you actually graduated! Also, if you have taken college courses from a local college, you will need those transcripts as well in order to receive credit. If you have taken AP classes while in high school you will need to request that the *College Board* sends scores electronically to the college. If you scored a 3, 4, or 5 most likely you will receive AP credit at your specific college.

Health Forms- All incoming students are required to complete and submit some required health forms prior to attendance. These give the college your immunization history, and whether or not you are going to enroll in the college's health plan. If you are covered by your parent/guardian's health insurance then you must complete an Insurance Waiver to opt out of this coverage.

Financial Aid/Paying Your Bill- Always get in the habit of checking your status in the student portal. Each semester you will need to accept/decline loans, and make sure all of your bill is paid. Only you have access to your bill unless you have assigned another "authorized payer". You don't want to end up with a "hold" on your account, so make sure you check the status regularly.



College Bound!!! Decisions... Decisions

Jacob Adams– SUNY Plattsburgh
Avery Bell– Clinton Community College
Devin Carter– SUNY Plattsburgh
Violet Chaney– SUNY Albany
Delanie Clark– Johnson State College*
Trevor Coe– SUNY Oswego*
Donovan Connolly– Culinary Institute of America
Savannah Daoust– SUNY Cobleskill*
Grace Denis– SUNY Potsdam
Riley Dilley– College of S. Nevada
Erin Dillon– Clinton Community College
Ayanna Dunn– Sage College (HEOP)
Roscoe Duquette– SUNY Plattsburgh
Aymee-Lynne Fisk– SUNY Potsdam
Joe Forker– SUNY Plattsburgh
Rachel Fountain– SUNY Plattsburgh
Kaitlyn Gardner– SUNY Plattsburgh
Kerriann Godfrey– North Country C.C.
Saylor Grady– SUNY Potsdam (EOP)*
Sebastien Harriman– SUNY Plattsburgh
Josh Hamilton– SUNY Plattsburgh
Kiersten Harvey– SUNY Canton
Alexis Herne– SUNY Canton
Kamry Herne– SUNY Canton
Dianna Hunter– SUNY Potsdam
Alexis Hutchins– SUNY Plattsburgh
Steffaney Jabaut– SUNY Plattsburgh
Quintin Jackson– Clinton Community College
Patrice Jarvis– Clinton Community College
Bobby Jones– Robeson Community College
Jon Keable– SUNY Plattsburgh
Zach Keable– RIT
Lauryn LaDuke– SUNY Plattsburgh
Robby Lamb– Clinton Community College
Brandon Lavoie– SUNY Polytechnic
Hunter Leduc– SUNY Plattsburgh
Isaiah Lee– Clinton Community College
Maeve Long– SUNY Potsdam (EOP)
Shania Malskis– North Country C.C.
Jennilyn Mattoon– SUNY Plattsburgh*
Rachael Maurer– SUNY Plattsburgh
Keisha Mayville– North Country C.C.
Kris Mazzacone– Clinton Community College
Malaynah McChesney– Broome C. C.
Conner McKenzie– Clinton Community College*

Mindy Meseck– SUNY Plattsburgh*
Sierra Moody– Lake Region C.C.
Madison Morgenstern– SUNY Plattsburgh
Angelo Muccio– Clinton Community College*
Bailee Mull– Clarkson (HEOP)*
Ricky Murray– University of Maine-Orono
Roman Newstead– SUNY Potsdam
Matt Niles– SUNY Canton
Franz Pope– SUNY Canton
Kim Quilla– Rensselaer Polytechnic Institute
Chrysa Rabideau– SUNY Plattsburgh
Isabella Reid– University of Buffalo
Sophia Rible– SUNY Plattsburgh
Riley Roberts– SUNY Potsdam
Brittany Rock– Clinton Community College
Gabrielle Rock– Clinton Community College
Megan Rock– Clinton Community College
Alexia Rucker– Yavapai College
Brooke SantaMaria– CVPH Radiology Program
Alexandrea Simard– Keuka College
Britney Simard– Potsdam (ROTC)
Alexis Valentin– Buffalo State*
Angela Weller– SUNY Plattsburgh
Kelsie Wells– Clinton or SUNY Plattsburgh
Alex Wilson– SUNY Potsdam
James Winch– SUNY Potsdam
Brandon Yip– North Country C.C.

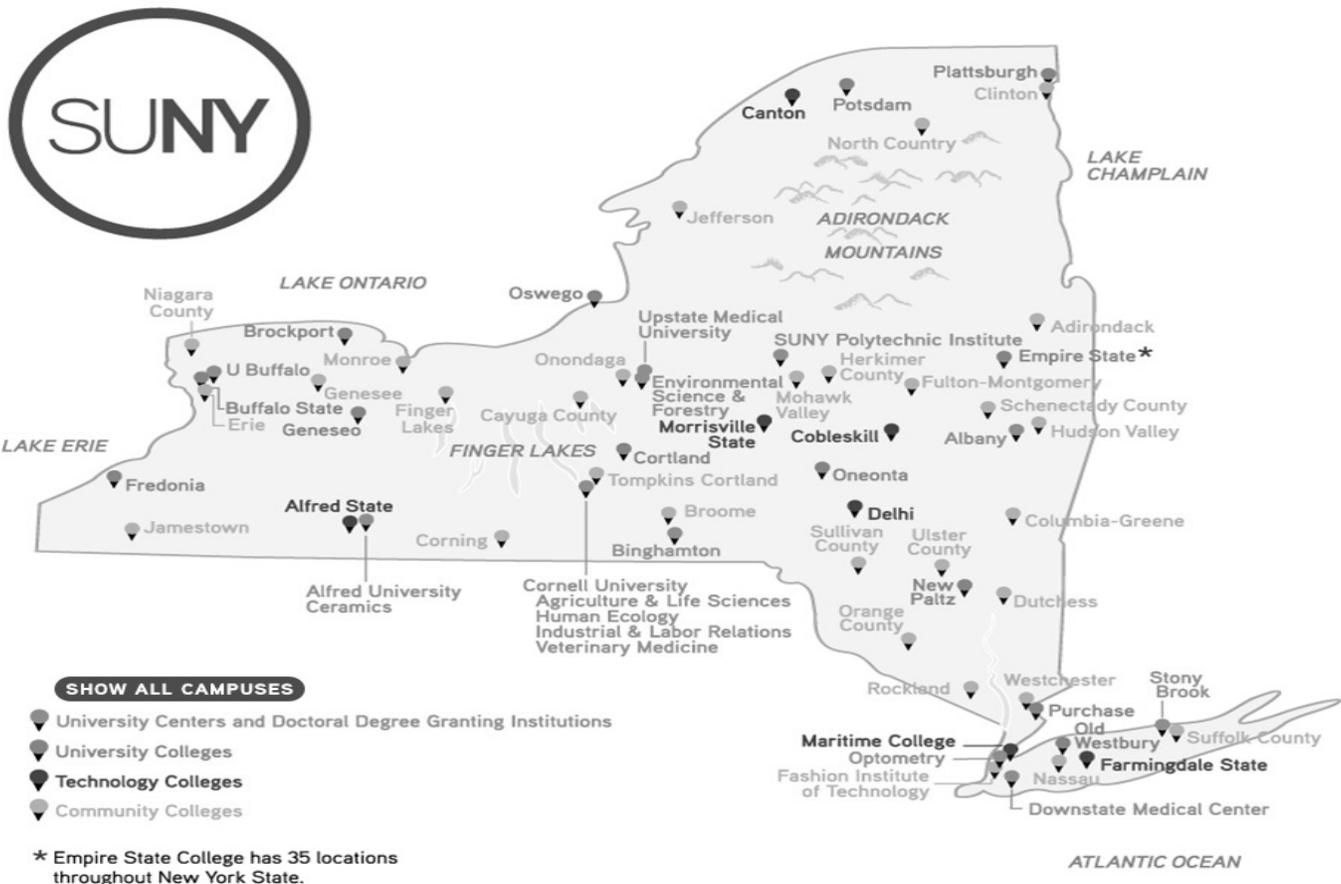
*Denotes scholarship



NEW YORK STATE'S EXCELSIOR SCHOLARSHIP- FREE SUNY TUITION??!

Free college tuition... what's the deal with this new program???

- Begins in Fall 2017.
- The plan will be phased in over three years, beginning for NY families making up to \$100,000 annually in the fall of 2017, increasing to \$110,000 in 2018, and reaching \$125,000 in 2019.
- Must be a New York State resident.
- The recipient can receive up to \$5,500 from the Excelsior Scholarship, minus any amounts received for TAP, Pell or other scholarships. The remainder of your tuition charge will be covered through a tuition credit through SUNY.
- The application is slated to be open in late May.
- You are eligible to receive an award for up to two years for students pursuing an associate's degree and up to four years for students pursuing a bachelor's degree. Students in an undergraduate program of study that normally requires five years are eligible to receive the award for five years.
- Award recipients need to earn a passing grade to maintain their Excelsior Scholarship awards, provided they earn a total of 30 credits over the course of the year.
- Students may use the Excelsior Scholarship to pursue a bachelor's degree once achieving an associate's degree if all other requirements are met.
- You must live in New York State for the number of years equal to awards you received. If you received four Excelsior Scholarship awards, you must live in New York State for four years after college.
- Failure to meet these requirements will result in the conversion of your award into a loan.



Counselor's Corner w/ Julie

To Get Money, You Have to Ask for It

As financial aid awards are being released, some students are finding that they have a “gap” in their financial aid coverage - the difference in the amount of money a school costs to attend and the amount of aid offered. Seniors and their parents often ask, “How can we cover the gap?” This is where scholarships can make a BIG difference. Here are some tips to help you create strong scholarship applications:

Start Your Research Early: The more time you can put into your scholarship search, the more options you have.

Read Eligibility Requirements Carefully: If you have a question about your eligibility for a particular scholarship, contact the scholarship sponsors.

Organize All Scholarship Materials: Many scholarships require you to provide some combination of the following: transcript, financial aid forms, parents' financial information, one or more essays, one or more letters of recommendation, and possibly, proof of eligibility (e.g., membership credentials). You may also need to prepare for a personal interview. For students competing for talent-based scholarships, an audition, performance or portfolio may be required. Keep a calendar of application deadlines.

Proofread Your Applications Carefully: Use your computer's spelling and grammar check features. Have a teacher, counselor, or friend read your essays.

Don't Leave Items Blank: Contact scholarship sponsors if you aren't sure how to fill out any part of the application.

Follow Instructions to the Letter: Be sure to fulfill the essay's length requirement, but avoid going over the length limit. Don't send supporting materials that are not requested in the application.

Make Sure Your Application is Legible: Type your application forms and essays.

Make Copies of Everything You Send: If application materials are lost, having copies on hand makes it much easier to resend your application quickly.

Double-Check Your Application: If you're reusing material (such as a cover letter or essay) from another scholarship application, check to make sure you haven't left in any incorrect names or blank fields. Don't forget to sign and date your application.

Get Your Applications In Early: You miss out if you miss deadlines! Consider using certified mail or requesting a return receipt.

Please let your UB counselor know if you have any questions as you apply for scholarships. We are here to help! - Julie :)



Reference: <http://www.collegeboard.org>

High Honor Roll

Jacob Adams
 Hunter Basic
 Alexis Blanchard
 Olivia Boyette
 Andrew Brault
 Katy Brown
 Rylen Brown
 Felicity Coates
 Trevor Coe
 Savannah Daoust
 Cierra Davis
 Grace Denis
 Karlie Devins
 Erin Dillon
 Jon Cliff Djomnang
 Mbougang
 Lila Dodge
 Emily Dumville
 Ayanna Dunn
 Roscoe Duquette
 Jacqueline Duval
 Rachel Eagar
 Bethani Fleury
 Darlene Fleury
 Tyler Fleury
 Kerriann Godfrey
 Alexandra Goldfeder
 Kiersten Harvey
 Alexis Herne
 Skylar Horner
 Dianna Hunter
 Alexis Hutchins
 Steffaney Jabaut
 Amber Jarvis
 Harshon Johal
 Bobby Jones
 Jon Keable
 Montana Kirkum
 Zander LaDuke
 Casey Lepone
 Jennilyn Mattoon
 Rachael Maurer

Keisha Mayville
 Max Medema
 Angelo Muccio
 Bailee Mull
 Rolnardy Norelus
 Haille Perkins
 Adalyne Perryman
 Kimberly Quilla
 Chrysa Rabideau
 Sophia Rible
 Brittany Rock
 Gabrielle Rock
 Megan Rock
 Gage Root
 Donald Seymour
 Nate Smith
 Kayce Steele
 Emma Stewart
 Lee Turner
 Lexi Valentin
 Kaelie Velie
 Emily Verrillo
 Kaitlynne Warner
 Devin Whitney
 Lily Wilson

Way to go to all UB students making it on to this page!

We have **56%** of our students making either the Honor Roll or High Honor Roll for this Quarter!



Honor Roll

Shanika Arroyo
 Seth Albertus
 Ashleigh Baer
 Alyssa Barse
 Angel Beaney
 Devin Carter
 Violet Chaney
 Delanie Clark
 Olivia Colozza
 Donovan Connolly
 Hallie Corrow
 Hayley DeTulleo
 Cadyann Douglas
 Aymee-Lynne Fisk
 Francine Frederick
 Kaitlyn Gardner
 Katelyn Gilpin
 Nate Glennon
 Joe Goheens
 Alicia Goodrow
 Tyler Gooley
 Alex Grigware
 Jami Hubbard
 Terrah Jabaut
 Rowan Kingsbury
 Elizabeth LaBrake
 Lauryn LaDuke
 Tara Lashway
 Brandon Lavoie
 Hunter Leduc
Isaiah Lee!!!
 Maeve Long
 Emily Lord
 Malaynah McChesney
 Conner McKenzie
 Mindy Meseck
 McCalie Narducci
 Tayler Oakes
 Marlyna Rabideau
 Kylie Roberts
 Liam Roberts
 Brooke SantaMaria
 Samantha Shaw

Britney Simard
 Sara Sweet
 Corinn Therrian
 Angela Weller
 Camden Wells
 Kelsie Wells
 Alex Wilson
 Madeline Wilson
 James Winch

Poetry Place

More Than Enough
 by Marge Piercy

*The first lily of June
 opens its red mouth.
 All over the sand road
 where we walk
 multiflora rose climbs
 trees cascading
 white or pink blossoms,
 simple, intense
 the scene drifting like
 colored mist.*

*The arrowhead is
 spreading its creamy
 clumps of flower and
 the blackberries
 are blooming in the
 thickets. Season of
 joy for the bee. The
 green will never
 be so green, so purely
 and lushly*

*New, grass lifting its
 wheaty seedheads
 into the wind. Rich
 fresh wine of June, we
 stagger into you
 smeared with pollen,
 overcome as the turtle
 laying her eggs in
 roadside sand.*

College Spotlight

SUNY Potsdam
Potsdam, N.Y.

Quick Facts

Enrollment: 3,416
undergraduates

Student/Faculty Ratio:
13:1

H.S. GPA: 87-91

Area: Small town, ADK
foothills, 4 colleges within
a 10 mile radius.

Education Majors:

The teacher education program is the oldest in the SUNY system, dating back to 1816. It is also one of the few highly accredited programs in NY.

Secondary Education:

- English
- French
- Mathematics
- Social Studies
- Spanish
- Science
- Music

All programs offered by the Department of Secondary Education have established criteria for knowledge, skills and dispositions that candidates must demonstrate to progress through their programs.

For more information please visit:



Career Spotlight: Secondary School Teacher

Occupation Description: Responsible for teaching students in one or more subjects, such as English, mathematics, or social studies at the secondary level in public or private schools.

Job Duties:

- Instruct through lectures, discussions, and demonstrations in one or more subjects areas.
- Manage and enforce rules for behavior and procedures for maintaining order among students.
- Maintain accurate and complete student records as required by laws, district policies, and administrative regulations.
- Assign and grade classwork and homework.
- Observe and evaluate student's performance, behavior, social development, and physical health.
- Confer with parents or guardians, other teachers, counselors, and administrators to resolve students' behavioral and academic issues.
- Attend staff meetings and serve on committees, as required.
- Administer standardized ability and achievement tests and interpret results to determine students' strengths and areas of need.

Work Context: These factors are very important for this occupation:

- Contact with others
- Email use
- Face-to-face discussions
- Indoor working environment
- Public speaking
- Working with a group or a team
- Time spent standing

Education/Training: All of these positions will require a four-year bachelor's degree, followed by a master's degree within the first five years of obtaining a job.

Salary:

Nationally, the average annual wage for this occupation is \$44,220 for entry level teachers and \$69,310 for experienced teachers. In New York State, the average annual wage for entry level teachers is \$49,110 and \$84,570 for experienced teachers.

Job Outlook:

Nationally, estimates indicate that by 2020 there will be 1,109,500 teachers employed nationally. This represents an increase of over 7,100 jobs each year, and a total of 35,560 openings each year. In New York State based on the total number of annual openings and its growth rate, employment prospects in the coming years for this occupation are considered **Very Favorable**.

SAB Elections -Summer

If you think you are interested in stepping into a leadership role this summer, run for a SAB position!! The Student Advisory Board represents the student body over the summer through advocacy and hosts a number of fundraising events. Very important stuff!

We need a new slate of officers for 2017!

President

Vice- President

Secretary

Treasurer

Green Representative

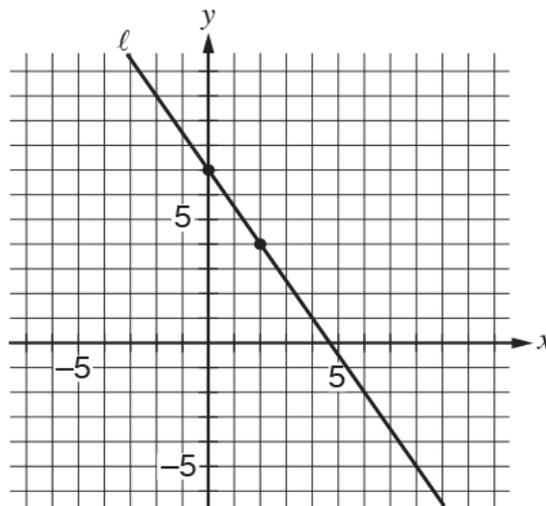
Floor Representatives

On June 26th, we will be handing out nomination forms in order to select our candidates. Elections will be held during the first week of the program.



SAT Question of the Month

Math: Line l is graphed in the xy -plan below.



If line l is translated up 5 units and right 7 units, then what is the slope of the new line?

- A. $-2/5$
- B. $-3/2$
- C. $-8/9$
- D. $-11/14$

Answer on p. 12

The Puzzler

Bulbs

There are three switches downstairs. Each corresponds to one of the three light bulbs in the attic. You can turn the switches on and off and leave them in any position. How would you identify which switch corresponds to which light bulb, if you are only allowed one trip upstairs?

If you think you know the answer email Brian at brian.post@plattsburgh.edu or call the office at 518-564-2030 to claim a prize!



**Upward Bound
SUNY Plattsburgh
101 Broad Street
Plattsburgh, NY 12901**

**www.ubplattsburgh.org
1-518-564-2030
1-888-578-7812 (toll free)
1-518-564-3035 (fax)**

SAT Answer: B



Congratulations to the Class of 2017!!!



Happy Birthday to You...

May

Alexis Herne– 5/1
Kamry Herne– 5/1
Tony LaBombard– 5/3
Cierra Davis– 5/9
Adison Barton– 5/10
Grace Denis– 5/10
Alex Goldfeder– 5/14
Lauryn Fournier– 5/17
Ricky Murray– 5/18
Keisha Mayville– 5/20
Lexi Valentin– 5/23
Sara Sweet– 5/24
Olivia Boyette– 5/27
Reese Hoag– 5/27
Joe Forker– 5/28
Erin Dillon– 5/29

Alexis Blanchard– 5/30
Savannah Rivers– 5/30
Kylie Roberts– 5/30

June

Joey Jamison– 6/2
Emily Dumville– 6/4
Lee Turner– 6/8
Ryelyn Brown– 6/9
Andrew Meseck– 6/9
Bryanna Durgan– 6/12
Kaitlynn Warner– 6/13
Felicity Coates– 6/21
Kelsie Wells– 6/21
Conner McKenzie– 6/22
Madison Morganstern–
6/22
Bailee Mull– 6/23

Jon Keable– 6/23
Kerriann Godfrey– 6/24
Brandon Lavoie– 6/25
Olivia Colozza– 6/27



Upcoming Events

**May 26–
Adopt-A-Highway**

**June 1–
Senior Celebration**

**June 3–
New Student
Orientation**

**June 21-23
Leadership Trip–
Boston**

**June 26-July 27
Summer Program**